

## OBSERVATION & OPTION TOOLKIT for Acute Otitis Media

Prepared by
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and The New York Region Otitis Project Committee

## **Overview of Acute Otitis Media Treatment Options**

These recommendations apply to children with uncomplicated acute otitis media defined as middle-ear effusion plus onset within 48 hours of signs or symptoms of middle ear inflammation.

Child Age	Certain Diagnosis	Uncertain Diagnosis
Under 6 months	Antibiotics	Antibiotics
6 months to 2 years	Antibiotics	Antibiotics if severe illness Observe* if non-severe illness
2 years or older	Antibiotics if severe illness Observe* if non-severe illness	Observe*

<sup>\*</sup>Observation is appropriate *only when* follow-up can be assured and antibiotics started if symptoms persist or worsen.

Non-severe illness implies mild otalgia and fever <39°C orally (about 102°F) or 39.5°C rectally in the past 24 hours. Severe illness is moderate to severe otalgia or higher fever.

Certain diagnosis is a clinical picture suggesting acute otitis media with a high probability of middle-ear effusion.

Uncertain diagnosis is a clinical picture suggesting acute otitis media with anything less than a high probability of middle ear effusion.